

ELEMENTARY ATHLETICS – MANDATORY OUTDOOR CAMP PROCEDURES

Pre-Workout/Contact Screening:

- Any person who has had a fever or cold symptoms in the previous 24 Hours or answers yes to any screening questions will not be permitted to attend camp and should contact his/her medical provider.
- A record must be kept of all individuals present via COVID-19 athlete/coaches monitoring form (schools may utilize other approved tools for tracking)
- Vulnerable individuals can resume public interactions, but should practice physical distancing, minimizing exposure to social settings where distancing may not be practical, unless precautionary measures are observed/implemented.

Masks:

Coaches must wear a mask at ALL times and students must wear a mask when they are not participating in vigorous physical activity

Social Distancing/Drop Off & Pick Up:

- When not directly participating in practices or workouts, care should be taken to maintain a minimum distance of 6 feet between each individual. Consider using tape as a guide for students and coaches.
- Coaches/administrators will communicate with parents on an efficient drop off/pick up process for all locations

Cleanliness/Hygiene:

- Adequate cleaning schedules will be created and implemented for all facilities with each school's Athletic Director and Facilities staff.
- Prior to an individual or group entering a facility, all hard surfaces within that facility should be wiped down and sanitized. Hard surface examples include but are not limited to chairs, furniture, locker rooms, bathrooms, and training tables.
- Individuals should wash their hands for 20 seconds with warm water and soap before touching any surfaces or participating in workouts.
- Hand sanitizer must be plentiful and available to individuals.
- Shirts and shoes must be worn at all times.
- Students should be encouraged to shower and wash their workout clothing immediately upon returning home.

Physical Activity and Athletic Equipment:

- Modified practices/physical activity is permitted for High Risk sports/activities.
- There must be no shared athletic towels, clothing, or shoes between students.
- All athletic equipment, including balls, must be cleaned intermittently during practices and between camp days.

Hydration:

- All students must bring their own water bottle, and water bottles cannot be shared.

Questions/Comments/Concerns:

- All students/parents questions/comments/concerns including COVID-19 reporting should be directed towards the coach, coaches should work with school Athletic Directors. School Athletic Directors will consult with District Athletics as needed.

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Masks:

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Social Distancing/Drop Off & Pick Up:

- Designed entrance/exits for foot traffic in to and out of facility
- When not directly participating in practices or workouts, care should be taken to maintain a minimum distance of 6 feet between each individual. Consider using tape as a guide for students and coaches.
- Maximum of 20 students participating at the same time (10 students per activity/team and split on each side of the gymnasium)
- No parents/guardians will be permitted in the gymnasium during practice time.
- Coaches/administrators will communicate with parents on an efficient drop off/pick up process for all locations

Cleanliness/Hygiene:

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Physical Activity and Athletic Equipment:

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- There must be no shared athletic towels, clothing, or shoes between students.
- All athletic equipment, including balls, must be cleaned intermittently during practices and between practices/sessions.

Hydration:

- All students must bring their own water bottle, and water bottles cannot be shared.

Questions/Comments/Concerns:

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