STAYING SAFE
DURING COVID-19
STUDENT GUIDELINES — Updated August 3, 2022

Ways for CPS to Stay Safe Every Day:

- Stay home if feeling sick
- Wash hands frequently
- Maintain 3-feet minimum social distancing
- Don’t share food or drinks
- Cover your mouth and nose with a tissue when coughing or sneezing when not wearing a mask.
- Get fully vaccinated if you are an approved age

What is close contact?

An individual is considered to be a close contact with someone testing positive for COVID-19 if:

- You have been less than 3-6 feet of the individual for 15 minutes or more
- You had direct physical contact with the individual

What to do if you are a close contact

- If you are fully vaccinated or had COVID in the past 90 days:
  - And have no symptoms, you can go to school
  - And you have symptoms, you must test on or near day 5 to rule out COVID. If the test is negative, you can go back to school
- If you are NOT fully vaccinated
  - And have no symptoms, you must social distance, should wear a mask and attend school
  - And if you have symptoms, you must test on or near day 5. If the test is negative, you may return to school on day 6.
- If you test positive, regardless of vaccination status:
  - You must isolate for a minimum of 5 days from the onset of symptoms
  - You can return to school on day 6 if you have no fever without meds and symptoms have vastly improved, and must wear a mask consistently through 10 days

You are not a close contact but have COVID-19 symptoms

- If you are NOT a close contact but are displaying symptoms you must have a negative test result AND have symptom improvement to return to school OR a negative test result with an alternate diagnosis from your doctor, such as allergies

Accepted Test

- At home proctored tests with confirmation email are acceptable
- At-home unproctored tests are not acceptable

What is fully vaccinated?

- Moderna / Pfizer: 2 weeks after primary series. A booster is strongly encouraged when eligible
- Johnson & Johnson: 2 weeks after the primary series. A booster is strongly encouraged when eligible

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What can I participate in if I’m a close contact?

You can attend school if:

- You show no symptoms
- OR
- You are fully vaccinated and show no symptoms (must show proof of vaccination)
- OR
- You have had COVID in the last 90 days and have no symptoms

You CAN do the following when attending school:

- Ride the yellow bus
- You can participate in CPS athletics and extracurricular activities at school, such as yearbook or chess club if you follow the Test to Play protocols:
  - Get tested upon learning of exposure to COVID-19. Students who exhibit symptoms of COVID or test positive for COVID must inform their school nurse and isolate at home
  - Test again between days five and seven following the initial exposure
  - If either test result is positive, students must isolate for 5 days. If tests are negative, students can continue to participate in extracurricular activities and athletics as normal

You CANNOT do the following if attending school:

- Ride Metro (Students in quarantine are not permitted to use public transportation because this falls outside of the school setting)
- Participate in non-school sports, such as at the local recreation center
- Participate in activities outside of school, such as a private music lesson
- Attend before-or after-school care

Students are not permitted to do the above activities because they were exposed to COVID-19 in school and cannot participate in activities in the community