

ELEMENTARY MENU
NOVEMBER
2009

Breakfast - Choice of Cereal, Graham Crackers, Orange Juice and Skim Milk is offered every day in Elementary Schools at no charge to student.

* Indicates Pork Item

Menu is available on the Cincinnati Public Schools Web Site.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/2/09 ***	11/3/09 ***	11/4/09 ***	11/5/09 ***	11/6/09 ***
Beef Nachos (23) or Chicken Tenders Chef Salad (26.8) Salsa (2) Apricots (10.4) Weekly Fresh Fruit: Red Grapes	Breaded Chicken Patty on Bun (38) or Turkey Ham Chef Salad (26.8) Seasoned Green Beans (4) Applesauce (12.69) Fresh Fruit	Rotoni/Meatsauce (39) Breadsticks (28) or Fajita Chicken Chef Salad (26.8) Garden Salad (3) Peaches (9) Fresh Fruit	Beef Sloppy Joe on Bun (34) or Turkey Ham Chef Salad (26.8) Potato Wedges (14) Orange Juice (15) Fresh Fruit	Max Cheese Bread Stick (34) or Turkey Ham/Breast Chef Salad(26.8) Tomato Soup(38)/Crackers (9) Mixed Fruit (8.9) Fresh Fruit
11/9/09 ***	11/10/09 ***	11/11/09 ***	11/12/09 ***	11/13/09 ***
VETERANS DAY HOLIDAY NO SCHOOL Weekly Fresh Fruit: Yellow Apples	Cheeseburger on Bun (26.8) or Turkey Ham Chef Salad (26.8) Pickle Half (2.2) Pineapple Tidbits (8) Fresh Fruit	Beef Soft Taco (23) Fajita Chicken Chef Salad (26.8) Carrot Coins (5.6) Pears (9) Fresh Fruit	Chicken Tenders (12) Dinner Roll (16) or Turkey Breast Chef Salad (26.8) Vegetable Soup (36) /Crackers (9) Orange Half (9) Fresh Fruit	Sausage Pizza(46.1) or Cheese Pizza (46) or Turkey Ham/Breast Chef Salad(26.8) Mixed Greens with Ham* Flavoring (5) Rosy Applesauce (12.6) Fresh Fruit
11/16/09 ***	11/17/09 ***	11/18/09 ***	11/19/09 ***	11/20/09 ***
Mini Corn Dogs (31.5) or Chicken Tenders Chef Salad (26.8) Waffle Fries (21) Apricots (10.4) Weekly Fresh Fruit: Pears	Chili 3 Way (38.4) Oyster Crackers (10) or Turkey Ham Chef Salad (26.8) Corn (15.8) Mixed Fruit (8.9) Fresh Fruit	Chicken Nuggets (13) Biscuit(29) /Jelly (17) or Turkey Breast Chef Salad (26.8) Peas (11.4) Kiwi 1/2(8.9) & Orange Quarter (4.7) Fresh Fruit	Turkey/Gravy (5) Dinner Roll (16) or Fajita Chicken Chef Salad (26.8) Mashed Potatoes(13)/Gravy(3.1) Peaches (9) Fresh Fruit	*Pepperoni Wedge Pizza (35) or Cheese Wedge Pizza (35.2) or Turkey Ham/Breast Chef Salad(26.8) Broccoli Cuts (4) Apple-Riffic Juice (15) Fresh Fruit
11/23/09 ***	11/24/09 ***	11/25/09 ***	11/26/09 ***	11/27/09 ***
Beef and Cheese Burrito or Chicken Tenders Chef Salad (26.8) Salsa (2) Apricots (10.4) Fresh Fruit	Breaded Chicken Patty on Bun (38) or Turkey Ham Chef Salad (26.8) Seasoned Green Beans (4) Applesauce (12.69) Fresh Fruit	Professional Development Day NO SCHOOL	THANKSGIVING HOLIDAY NO SCHOOL	THANKSGIVING HOLIDAY NO SCHOOL